



OF VICTIMIZATION, TRAUMA AND RESILIENCE

DIBAKAR PAL ¹

¹ RETIRED EXECUTIVE MAGISTRATE (CIVIL SERVANT) & PHD STUDENT, DEPARTMENT OF BUSINESS MANAGEMENT, UNIVERSITY OF CALCUTTA, INDIA.

ABSTRACT:

Victim is a person, an animal or a thing that is injured, killed or destroyed as the result of crime, bad luck, an accident, etc. Trauma is the after effect of victimization. A victim faces trauma since trauma dogs the victim. Resilience implies recovering strength, spirits, etc. quickly. If victimization and trauma stand for pessimism, resilience implies optimism.

KEYWORDS:

VICTIMIZATION, BAD LUCK, TRAUMA, RESILIENCE.

INTRODUCTION

Creative writing is based more on manifestation rather than on expression. It does not inform rather it reveals, so it bears no reference. The best creative writing is critical, and the best critical writing is creative. The present article is the outcome of creative writing meant for lay readers. As such free style is the methodology adopted so that the pleasure of reading can be enjoyed by the common mass. As you know well that, Francis Bacon (1561-1626), the immortal writer, wrote many essays, and notably "Of Love", "Of Friendship", "Of Ambition", "Of Studies", etc. The myriad-minded genius rightly pointed out that all the words of the dictionary can be the themes of essays one can write. But little has been done, in this regard since his death, in order to finish his unfinished monumental works. In fact Bacon's way of presentation and his unique style kindled imagination and inspired me to write essays, in the light of creative writing, thus to get relief through Catharsis.

ARTICLE

Victim is a person, an animal or a thing that is injured, killed or destroyed as the result of crime, bad luck, an accident, etc. Human beings become victims due to various reasons and by many ways. Victimizations of all kind may broadly be classified into two different types either natural or manmade. In both the cases the plight of victims is beggar description.

Murder, rape, harassment, famine, etc. are manmade. Earthquake, tsunami, storm, thunder, etc. are natural calamities. Global warming is the outcome of nuclear explosions than can make thousands of victims in the twinkling of an eye. In true sense, a nuclear explosion is not the manifestation of human intellect rather its callousness.

Victim is a person or thing harmed or destroyed in pursuit of an object or in gratification of a passion etc. Someone

becomes the victim of capricious nature. A person may be the victim of a foul conspiracy. A person may become ill working too hard. He is the victim of his own success. A careerist is always selfish. He is either dangerously brilliant or brilliantly dangerous or both simultaneously. Also too much greed paves the way of his untimely and ultimate ruin. Greed is alias and akin to sin. As such they say the wage of sin is death. So he digs his own grave quite in his unaware. He becomes the victim of his ruthless ambition since he has no base and no brake at all.

Victim is a person who is deceived or cheated by tricks and treachery. He is a prey. He is a dupe. An unfortunate fellow falls victim to a confidence trick. The victim of a hoax or practical joke or conspiracy is of similar type. Victimize is the single out a person for punishment or unfair treatment, especially dismissal from employment. Strikers often become victimized. A good management assures that there will be no victimization of an employee. A fellow should not be victimized for another's fault. A person realizes that he has been victimized by crooks. In patriarchal society the innocent girls are victimized by her in-laws. They fail to know that life has its sweet side too. As a consequence many unfortunate brides are compelled to commit suicide rendering their parents subsequent victims.

A living creature killed and offered as a religious sacrifice is also one kind of victim to a sensitive soul. Similar phenomenon happens in case of human beings also. An unfortunate fellow becomes guilty committing no guilt at all. In fact immense is the power of victimization. It is quite an unconquerable factor. It is so powerful that none can escape from its clutches. As such human being from its cradle to grave becomes infinite times victim of misfortune. Thus fall victim implies to be hurt, killed, damaged or destroyed by something. Thousands fall victim to the epidemic. Many plants fall victim to the sudden frost.

Accident occurs due to human callousness and his error of

judgment. Sabotage, due to its unexpectedness, offers extra dimension and magnitude to the sufferings of the victims.

Natural calamities are due to revenge taken by the nature. Human being, for the sake of development of the so called civilizations, ruins nature mercilessly. Nature in return reciprocates through immense destruction rendering thousands of victims homeless and quite helpless as well.

A road victim and the victims of war are not identical. The first example falls within the purview like natural and unintentional but the second is a manmade one and malafide in nature. Thus the theory goes that he who wants war does not fight but he who fights does not want war. In fact, a leader wants war but never goes to the battle field. But an unwilling soldier is compelled to go to the battle field to face gunpowder. He is charged with the sentiment to protect the chastity of motherland. But he dies and his motherland is enjoyed by the politicians.

Hunger is a ferocious enemy of animal. Man is no exception. Hunger compels an unwilling young man to join the army, merely for food. As such, they say the soldier moves on food, not foot.

Trauma is the after effect of victimization. A victim faces trauma since trauma dogs the victim. Trauma is an emotional shock producing a lasting harmful effect. It is an unpleasant experience that causes one distress or anxiety. This stressful event, sometimes leads to long-term neurosis. It is a distressing or emotionally disturbing experience.

Trauma is manifested by a drop in body temperature, mental confusion, etc. Going through the traumas of divorce or of moving to a new house are striking examples of the bye product of modern jet era. Witnessing the torture is indeed a traumatic experience for a sensitive soul.

Someone can bear and resist the shock of suddenness, someone cannot. This bearing and resisting capacity lead to resilience. Resilience implies recovering strength, spirits, etc. quickly. Someone can regain the normal state of life quickly from illness, depression, adversity, or the like. Someone takes much time and some other can never enjoy normality. All these are personality traits.

Time is the most healing balm. Time can conquer all and everything. It is the most effective tool of nature. Thus resilience is the ability of people to recover quickly from shock, injury, etc. It is the ability of animals, plants, etc. to recover quickly from injury, damage, etc. Also it is the ability of objects to spring back after being bent, stretched, etc.

It is like elasticity. An alloy combining strength and resilience behaves like creature.

Someone is very resilient to change. Natural resilience helps to overcome the crisis.

Temperate forests are more resilient than tropical ones.

CONCLUSION

If victimization and trauma stand for pessimism, resilience implies optimism.

REFERENCES

No reference, since the present article is an outcome of Creative Writing.