



## A STUDY ON PARENTING BEHAVIOR TOWARDS CHILDHOOD

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### ABSTRACT:

“It’s my childhood, I want to live it,  
Please teach me, but not treat.”

- Kabita Pareek

Childhood is a very sensitive period of development. Child’s like a soft, sensitive and beautiful flower. Parenting Behavior takes an important role in this developmental period. Because, they are playing a vital role for the growth of this flower, like a gardener. It’s depends on them that how carefully they care their flowers, means their child’s. so, in this article researcher try to discuss how and why parents and their behavior takes an important place in their children’s life. That means, parenting behavior is how much important towards childhood period.

### KEYWORDS:

**DEVELOPMENTAL STAGES, CHILDHOOD PERIOD, PARENTING STYLE.**

### INTRODUCTION –

“The baby is like a clay doll,

If You hold them very tightly; they will be shattered”

- Kabita Pareek

Human development process going through some developmental periods, like – infancy, childhood, adolescent and adulthood. Between these all-developmental periods, the most sensitive period is childhood. Because, the time of infancy, babies just only know their family member, and then they start to grow and take step in childhood period, now they start their school life, they start to now another world, they start to understand two different environments- home environment and social environment. In this time, some hopes are started to grow, they want to freely play with their peers, increase the willingness to learn in between them. So that, four question forms always makes their curious- What? Why? When? How?

But parents can’t fulfill their all queries so they feel very irritate by their children’s curious questions, by their hopes and by their dreams. Many times, parents scold their children and try to bound their child with their (parents) dreams. They don’t try to understand or they can’t understand that how much these boundaries are for their little growing flowers (babies), how these boundaries spoil their flowers life. Through this article researcher try to discuss how parents are play an important role to effectively grow their little flowers, and make their flowers life interesting and meaningful.

### DEVELOPMENT AND ITS STAGES -

It is emerging and expanding of capacities of the individual

to provide greater facility in functioning such as development of motor ability from uncertain manipulation to proficiency in games. This development is achieved through the process of growth, Development refers to interaction of a person with his environmental surroundings whose after product is to increase:

- The strength
- The degree of differentiation
- The organization of personality

Developments refers to those effects upon the person’s cognitive and emotional systems which strengthen one or more abilities of the person in the desired manner. Thus, development is the qualitative changes in the organism. Environment has very important role to play in the process of development.

- According to **Dr. T R McLaunell**, “Development is the product of the interaction of the organism and its environment”.
- “Development is concern with growth as well as those changes in behavior which results from environmental situations” (**Anderson, J E**)

### STAGES OF DEVELOPMENT

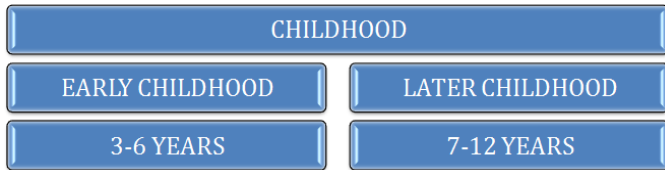
From infancy to adulthood human being undergoes the following stages of development

1. Infancy – 0-2 years
2. Childhood – 3-12 years
  - I. Early Childhood – 3-6 years
  - II. Later Childhood- 7-12 years
3. Adolescence – 13-19 years

- 4. Adulthood – 20-60 years
- 5. Old age – 60-till death

**CONCEPT ABOUT CHILDHOOD PERIOD AND ITS CHARACTERISTICS –**

Childhood period is the human lifespan between infancy and adolescence. The age of this period is 3-12 years age. During which children start to explore and develop a sense of independence. Eventually, children learn to make their own decisions and they discover that their actions have consequences. As they learn and grow, they develop a sense of self. This developmental period divided into two sub stages-



□ **Early Childhood Period**

Early childhood generally referred to as the preschool period. During the period between three and six years, children enlarge the scope of their behavior. They refine their previously learned skills and evolve new ones for relating themselves with other people. Thus, the child progressively develops as a social being in his/her own right.

□ **Later Childhood Period**

During this period (7-12 years age), physical growth is initially slow. There is vast intellectual, social and moral development. Around seven years of age major advances in intellectual development take place. During this period the memory and the problem-solving ability improves and children become aware of their achievements. They become capable of comparing themselves with others with respect to intellectual, athletic and social skills.

● **Characteristics of Childhood Period**

After the discussion of childhood period, now we discuss some developmental characteristics of childhood period-

- They acquire many motor skills like catching, throwing, running, jumping climbing, riding a tricycle etc.
- Milk teeth are replaced by permanent set
- The child begins to explore his social environment and acquired new experiences
- Children’s social concepts are influenced by the nature of inter-personal relationship
- He/she is still guided by his/her innate tendencies and instincts
- Capacity of logical thinking and power of reasoning is increases
- Increase the capacity and curiosity of knowing their surroundings
- Rapid shift of one type emotion to another

- Increase hope about love, care and secure feeling
- Understand the differentiations between home and social environment

**CONCEPT ABOUT PARENTING AND ITS STYLE -**

“Parenting easiest thing in the world to have an opinion about, but the hardest thing in the world to do”

-Matt Walsh

When we listen the word parenting, we easily understand that a care style. but this caring style not so easy. Yes, it is very much difficult in reality. A child’s whole life is depending on this parenting style. It’s depends on parents that they make their child’s life meaningful or do destroy their life.

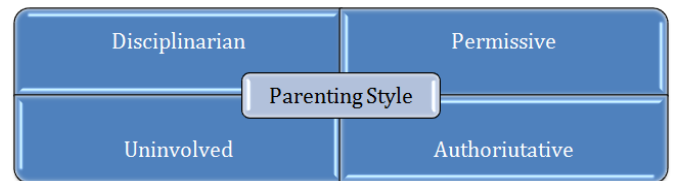
A parenting style is a psychologically construct representing standard strategies that parents use their child rearing. It is not essential that how many times you spend with your child, it is essential that how you spend time with your child.

● **Parenting style**

“Parenting is the most powerful weapon that makes you your kid’s super hero”

-Kabita Pareek

Your parenting style refers to the combinations of strategies that you use to raise your children. Here we discuss about four main parenting style-



□ **DISCIPLINARIAN PARENTING STYLE**

- They use a strict discipline style with little negotiation possible.

Punishment is common

- Communication is mostly one way. From parent s to child
- Expectations are high with limited flexibility

□ **PERMISSIVE PARENTING STYLE**

- Their discipline style is the opposite of strict. They have limited or no rules and mostly let children figure problems out on their own
- Communication is open but these parents let children decide for themselves rather than giving direction
- Expectations are typically minimal or not set these parents

□ **UNINVOLVED PARENTING STYLE**

- No particular discipline style is utilized. An uninvolved parent lets a child mostly do what

he wants, probably out of a lack of information and caring

- Communication is limited
- There are few or no expectations of children

#### □ **AUTHORITATIVE PARENTING STYLE**

- Disciplinary rules are clear and the reasons behind them are explained
- Communication is frequent and appropriate to the child's level of understanding
- Expectations and goals are high but stated clearly. Children may have input into goals

#### **PARENTING BEHAVIOR TOWARDS CHILDHOOD -**

"Mixed up with your children for understand them, not for trying to correct them anytime"

- Kabita Pareek

Parents behavior, their style is greatly affected children. It's very important that how you treat your children in their developmental period, mostly the period of infancy, childhood and adolescence. And most of then, when they are spending their most sensitive developmental period, means childhood. Here we discuss about this specific mater.

#### □ **LISTEN YOUR CHILD**

As a parent you try to keep calm your mind anytime when you meet with your children. You try to listen your children carefully, what they try to tell you? In this period your child has many more quarries, they have bundle of questions, they want to know many little but interesting things. So, you listen and try to give answers of their quarries.

#### □ **GIVE HEALTHY ATMOSPHERE TO YOUR CHILDREN**

Parents must take good care about the home atmosphere. They must be able provide a healthy and secured atmosphere to child where his/her all round development is possible. The home for the child should be sweet and secured.

#### □ **POINT OUT THEIR STRENGTHS WITH COMPLEMENTS**

Parents are understood very well about the weakness and strengths of their children. So, as a parent you shouldn't any time point out about your child's fault, but it is giving you very great effect if you point out their strengths you will give them suitable complements for their strength points.

#### □ **TRY TO SPEND TIME WITH YOUR CHILDREN**

Parents are to busy with their own life style to fulfil all responsibilities. But they should remember that their children are wait for them. So, parents must take time for their children. They must try to play with them, listen them and spend time with them, it them to understand their children very well.

#### □ **SHOW YOUR CARE IN FRONT OF YOUR CHILDREN**

Parents are so careful about their children. But many times, they can't show it in front of them. So, the kids can't feel secure with them and they tend to walk away from them. That's why, you always try to tell your child how you love him and show your care in front of them.

In addition to these, some others parenting behaviors are pointed below -

- You let them express their feelings and validate them
- Teach them to pay attention to others feeling
- Connect with your child before you correct them
- Eat dinner with your children
- Let them have some relaxed play time every day
- Encourage their friendship with other great kids
- Fun with your child
- Teach them about moral values
- Encourage them to make own decision

#### **CONCLUSION -**

After discuss this topic we say that, parents and children's relation is very powerful but some time very sensitive. If parents are trying to hold their child in their fist, bound their child with their hope, then child's all hope, all curiosity, all dreams are shattered. Then, the children are live but just with their parent's dreams. They don't understand who I am? What I think? What can I do?

But that means not yet that, you never hold your child. Yes, you hold your child but according to requirement, not very tightly, not very freely, you try to understand your child, their dreams, their thinking, their hopes. You try to correct your children's fault, as much as needed.

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