



OF SHYNESS

DIBAKAR PAL ¹

¹ PHD STUDENT IN INDIA.

ABSTRACT

Shyness means nervous and afraid or unwilling to speak in the presence of others. It implies a shrinking from the notice of others and a reticence in approaching them, either as an inherent trait or as resulting from inexperience. This personality trait man acquires by birth. This inheritance mingles with blood so homogeneously that it is inseparable. Some community is noted for being shy. They oppose change for uncertainty, injustice and fear.

KEYWORDS: SHYNESS, NERVOUS, AFRAID, UNWILLING, ANXIOUS, CAUTIOUS.

INTRODUCTION

Creative writing is based more on manifestation rather than on expression. It does not inform rather it reveals, so it bears no reference. The best creative writing is critical, and the best critical writing is creative. The present article is the outcome of creative writing meant for lay readers. As such free style is the methodology adopted so that the pleasure of reading can be enjoyed by the common mass. As you know well that, Francis Bacon (1561-1626), the immortal writer, wrote many essays, and notably "Of Love", "Of Friendship", "Of Ambition", "Of Studies", etc. The myriad-minded genius rightly pointed out that all the words of the dictionary can be the themes of essays one can write. But little has been done, in this regard since his death, in order to finish his unfinished monumental works. In fact Bacon's way of presentation and his unique style kindled imagination and inspired me to write essays, in the light of creative writing, thus to get relief through Catharsis.

ARTICLE

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Lack of boldness or confidence is the root cause of shyness. Such a character is anxious to face any future consequence. So, he is always cautious while he either does something or be engaged in performing something unknown. Thus he prefers more to remain aloof and wants not to be involved in any affair. It signifies weakness of any character. Such a person always suffers from phobia of future evils, lest he commits any mistake. As such he is less active both in action and speech. For, he knows that deaf and dumb have

no enemy. He adopts that strategy for his security and peaceful survival as well.

Another school of thought argues that shyness manifests the tenderness of the concerned character. It proclaims aristocracy of the concerned soul. A classical person worships shyness. He is introvert in nature. So he dislikes an extrovert person. He likes to enjoy loneliness. To him privacy has immense value. For privacy he can leave everything but he cannot leave privacy for anything. He is not impartial rather partial to peace and happiness and thereby shyness.

Man lives in society. He has to come in contact with people from all walks of life, for his own existence. It is difficult to do all works alone. So he must dependent on the mercy or whim of others. Here lies the demerit of shyness. If he does not request or protest he will remain deprived from his legitimate claim.

Man faces shyness from cradle to grave. If a child does not cry mother will not feed or responds to is call. A lover cannot propose to his fiancée for shyness. He is too shy to speak to her. So the message of love does not reach to his soul mate. And she remains indifferent. As a result a bold lover snatches away his lady in love. To a child mother's lap is its safe zone. So it does not leave it. Also a child is not at all shy with adults or unknown faces. Some people are not shy of taking hard decisions. An unsocial person always shies away from close friendships.

With the advancement of modernism shyness has disappeared just like dew drops vanish as the sun rises. It has really become a fossil and a material of museum for preservation.

Modernism murdered shyness. Man welcomed modernism instead of moral values.

Shyness proves the richness of a character. Moral values, ethics, soberness, etc. are its chief ingredients. A shy person may not like others but he is liked by all for his politeness. Everybody welcomes his tender company. He is a pleasing personality. His eyes are enriched with inner

feelings. Such an introvert person be eloquent whenever he meets a suitable partner of his choice. Greatest shyness man shows before a mirror.

Rather man is afraid of mirror, since it discloses the real identity of the man.

Shyness is akin to softness which manifests aristocracy of a character. Such a character is social in nature. Someone considers instant return as a sign of win. They believe in paid by its own coin policy. They hate shyness. They know shyness, hatred and fear are three hindrances towards temporal gain. They defeat the opponent with more threat. It has two outcomes. His enemy, either, will never dare to attack or he may be attacked more severely by the vindictive opponent whenever situation favors. But the paradox is that he, who bears silently, will never be attacked. Thus silence sometimes is mightier than sword. But his strength should have to be proved directly or indirect way. Then he can ignore an inferior person as is usually done by a superman. For, he who tortures a weak person is equally afraid of a stronger person. In fact peace is more powerful than brutal force. It may not be proved instant but it rules the future.

Some persons are camera shy. They avoid snapping. They are afraid of facing. Some persons are work-shy. They are lazy hence, liability of any institution and thereby society at large. Work culture is absent in their dictionary. A shy person cannot take any critical or immediate decision. But an angry man seldom feels shyness to take hard decision.

A shy look confirms the beckon of love. It increases the heart beat of the lover. Similarly a shy smile manifests the message of unconditional surrender to the fiancé. In some society, both shy smile and shy look are considered as added quality of a bride.

Some animals, birds, etc are unwilling to be seen by or be near people. They are easily frightened. But politicians are not afraid of anybody or anything known or unknown.

Rather everybody is afraid of politicians for their brute and shrewdness. A political leader is not shy of publicity. Rather shyness is considered as the demerit of a successful political leader. Through publicity he defeats the opponent and wins the vote thereby occupies the throne and builds up his career as well. They know chance comes once. To them no risk, no gain signifies high risk, high gain. Gambling is their strategy. Some people gamble with money. They are gambler. Some other gamble with life they are great gambler. The politicians belong to the second category. And common people fall within the purview of first category.

Short of or lacking something or somebody is also shyness. For example, a host may say to the guest, we have plenty of wine, but we are shy on beer. Empty stomach should not shy when food is served. Here shyness will compel to half-fed or total starve.

Shyness is a hindrance to the full blooming of personality. It is a personality trait like other traits. As already mentioned, man gets it by birth. Environment can modify

its degree to some extent. Everybody is shy more or less. When it crosses the limit the person is ill-famed as shameless. Conversely, when it does not touch the allowable limit, we call the person is shy.

Shame is another thing far from shy. Shame is a feeling of distress and regret as a result of one's own wrongdoing, failure, foolish behavior, etc. Also loss of honor or respect causes shame. Sometimes a sentimental soul commits suicide. At that wretched mental condition they forget that life has its sweet side also. The person who is ashamed is a gentleman and repents for his wrong deed. But there is one type of person who has no feeling of shame. He is shameless and more correctly an incurable criminal. Shame is the outcome of either illegal or immoral or both activities To steal is illegal but rape is an immoral deed. If a hungry man steals food then such activity whether will be called illegal or not is a matter of controversy. Thus, if shyness is a blessing shame is a curse. A shy man is loved by all but shame invites hatred and everybody avoids a shameless person.

Man experiences shyness in its various forms and features. Bashful implies such shyness as is displayed in awkward behavior and embarrassed timidity. Diffident implies a self-distrust and lack of self-confidence that makes one reluctant to assert oneself. Modest implies an unassuming manner in one who, because of ability, achievements, etc., might be expected to assert himself or herself strongly. Demure, in current usage, suggests a decorously modest manner, often one that is affectedly so.

CONCLUSIONS

In a patriarchal society shyness is considered as the ornament of women. Such a society considers shyness as feminine and courage as masculine. In the name of ornament women are chained with shyness. In such conservative society forwardness of women is considered as demerit and ill-famed as well. Such an adamant society likes to imprison their women in the darkness of illiteracy so that they can seldom protest. They mingle sentiment very cunningly with religion and rule the society sternly. Poverty and illiteracy these twin weapons pave the way to achieve their objectives at ease. Women are taught that enlightenment will render their family fragile. They are born to serve their husband, to give birth children and maintain family. External affairs are exclusively for men only.

They are compelled to surrender to men unconditionally. This attitude of the orthodox male-dominated society is really a shy to the civilization.

ABOUT THE AUTHOR

Pal, Dibakar is a Retired Executive Magistrate in India and PhD Student. Though he is a Civil Servant yet he is genuinely interested in diversified academic fields. As such, he holds master degrees in M.Sc(Math), M.A(English), M.A(Bengali), M.B.A(HRD), M.C.A, P.G.D.M.M(Marketing), L.L.B, D.C.E(Creative Writing), M. Phil (Business Management),UGC- NET(Management)-2008. He attended an International Conference at IIT, Mumbai, India and five

International Conferences at U.S.A; though he gets invitation to present papers in many International Conferences at home and abroad round the year. He presents papers on Computer Science, Management, English Literature, Linguistic, Philosophy, Philology, Psychology, Sociology, Humanities and Poems. He presented a paper on Computer Science and Chaired in 2007 IEEE Conference at Richmond, Virginia, U.S.A. Also another paper on Fuzzy Logic was accepted by IEEE Conference 2010 at USA. He serves as Session Chair, Presider and Reviewer. He serves as reviewer of American Marketing Association, Journal of Common Ground; Australia, IEEE Transactions, IJEAPS, AJHC, Journal of Supercomputing.

He has more than two hundred ten (210) publications and among these one is as Monograph in International Journal on Management Science, one Monograph is in Journal of the World Universities Forum, one is in Consumer Behavior, two are in Computer Science, one is in Neuroscience, one is in Linguistic and rests are Creative Writing of English Literature. In Creative Writing two papers have been incorporated in SSRN's Top Ten Download List three times in November, December 2010 and April 2011. In ResearchGate his papers have reached a milestone through more than 130000 reads. Scholars' Press and Lambert Academic Publishing House, Germany have published twelve books between the months July to December, 2016. New Texas, A Journal of Literature and Culture, Sul Ross State University, Alpine, Texas, USA has published ten essays in February 2018. International Educational Scientific Research Journal (E-ISSN : 2455-295X) and Research Chronicler & Research Innovator (ISSN: 2347-503X; 2348-7674) publish Creative Nonfictions every month regularly. Now he is pursuing his PhD thesis in Business Management in University of Calcutta, India. Also he is currently focussed on the Extension Works of Huffman Code i.e., Coding Theory and Pattern Recognition through Fuzzy Logic (Pattern Recognition, Image Processing, etc) of Computer Science.

His hobby is Creative Writing (Nonfiction). He says:

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REFERENCES

No reference, since the present article is an outcome of Creative Writing.