



OF BALANCE

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ABSTRACT:

Balance is very important. It is a must. It is a very crucial factor in human life. He who can balance exists. He who cannot perishes. Survival of the fittest is based on this principle. Thus fit person knows how to balance. The unfit person knows not how to balance, hence cannot balance and dies ultimately and untimely.

KEYWORDS:

BALANCE, EQUAL PROPORTION, STEADY.

INTRODUCTION

Creative writing is based more on manifestation rather than on expression. It does not inform, rather it reveals. So it bears no reference. The best creative writing is critical, and the best critical writing is creative. This article is an outcome of thinking about creative writing meant for a general readership. As such, I have adopted a free style methodology so that everyone can enjoy the pleasure of reading. As you might know, Francis Bacon (1561-1626), the immortal essayist, wrote many essays namely 'Of Love', 'Of Friendship', 'Of Ambition', 'Of Studies', and so on. The multiple-minded genius correctly pointed out that all the words of the dictionary can be used as themes for essays. But little has been done since his death to continue or finish his monumental task. Bacon's unique individual style of presentation ignited my imagination and encouraged me to write creative essays as a method of relieving a wide range of emotions through catharsis.

ARTICLE

Balance means an even distribution of weight enabling someone or something to remain upright and steady. For example: She lost her balance and fell.

It is a situation in which different elements are equal or in the correct proportions e.g., the obligations of political balance in broadcasting.

It is to put something in a steady position so that it does not fall e.g., a mug that she balanced on her knee.

It is to offset or compare the value of one thing with another. For example: The cost of obtaining such information needs to be balanced against its benefits.

Balance is very important. It is a must. It is a very crucial factor in human life. He who can balance exists. He who cannot perishes. Survival of the fittest is based on this principle. Thus fit person knows how to balance. The unfit person knows not how to balance, hence cannot balance and dies ultimately and untimely.

Balance is omnipresent in this universe. The earth is moving following a balance. Wind blows. The sea level is calm and quiet. Both are outcome of balance. Storm is the outcome of disturbance of so called balance or equilibrium. Proportionate is alias and akin to balance. Physical, mental and economical are three vital factors for progress in human life. Someone may be physically fit only. Someone may be only mentally sound. Someone may only be economically strong. None of them can achieve success. All of them are unfortunate fellow. Only a fortunate fellow has all these three qualities in balanced proportion. It is a very rare combination. Such a lucky person is physically fit, mentally sound and economically strong simultaneously. He definitely shines in life. He enjoys life with confidence.

Body balance depends on the various constituents of its parts. Health balance is the outcome of all chemical reactions of the body in predefined formula. A player shows balance in circus. A swimmer shows balance before diving in the water. Highest balance is observed in case of a gymnast. All of them amuse us. All of them maintain balance diet. Similarly the hero and heroine follow the definite balanced chart of diet to keep their glamour for long. Dieting is a must to all of them.

Disbalance of a toddler amuses us, but that of a drunkard causes anger. It means he who has balance and cannot show it for his own cause causes anger. A patient if be disbalanced does not cause anger, since disease disturbed his balance. He is not liable for those uncommon footsteps. Life is an episode of balance. Man faces both good i.e., positive and bad i.e., negative events from cradle to coffin. The summation of all events shows either positive or negative state as a whole i.e., success or failure. When positive events are more than negative events then life enjoys success. The more positive force the merrier is the life. Conversely, higher negative force renders the life painful. Thus outcome of life depends on the balance of these two diagonally opposite forces. Only a blessed soul

enjoys success. A cursed soul, on the other hand, experiences failure. None knows what is in his lot.

A dishonest person is corrupted. Profit is his single agenda. He who gives him more favours him more. He cannot show balance. He is partial. Everybody doubts him for his ill motive. As such he is avoided by all. To regain his neutral status he must free himself from bad intention. His strategy must be transparent. His motive must be crystal clear.

Balance means hot and cold treatment. Always hot attitude does not serve purpose. Similarly, always cool treatment is not fruitful. It freezes the progress. Hot and cold strategy is widely used in administration. Hot tempered person tortures. Hire and fire is his policy. This policy is observed in industry. Cool tempered person bears torture. As such combination of both in a balanced proportion gives the desired outcome.

A successful person is one who can manage all and everybody. If someone is ill behaved once then he can take revenge in odd times. A judicious person knows it. As such he compensates the deficiency of that person in future whenever possible.

Man forgets good behaviour very soon. It does not last long. But he remembers and can remember misbehaviour for long. Emotional imbalance causes much trouble. Profit offers pleasure. Loss counts pain. The paradox is that loss of single penny pains more than the pleasure thus offered by the profit of hundred pounds. It is the imbalance of human nature.

They say those who want to please everybody can please nobody. It is impossible to please everybody at a time. But it is possible to please them in different times. Each person has his unique personality that differs from person to person that makes individual difference. As such they cannot be pleased by a single solution. It is possible to satisfy each of them in different times with their unique solutions. It is purely a matter and manner of balance. It is a difficult task but not impossible. Only a master mind can plan it and do it confidently.

Balanced person is an opportunist. He is shrewd. Profit is his only single and sole agenda. As such he meticulously keeps the accounts of all of his even and odd transactions. He moves if he gains. He moves not if he gains not. Thus he wins both ways. From his unique movement his nature of transaction can be judged.

In contrast an honest person always speaks the truth. Truth is definite article. It is single and singular in number. It does not suffer from plurality as is happens in case of lies. Truth has no substitute. Truth itself is its substitute. So the honest person is required neither to suppress to anybody nor to exaggerate the matter to others. To him all is equal and at par. To all he discloses the identical truth. As such he is not to mind anything. He needs not to balance. He has no liability to please anybody. Please and displeasure are not his concern. He always plays in straight

bat. It is his style. In this way he maintains his unique, divine and democratic balance throughout his life. Here lies his glory. Here lies his greatness.

An ordinary cricketer knows which ball is to strike. An extraordinary cricketer knows better which ball is not to strike. This is the outcome of experience coupled with talent. Similarly, a good artist knows when to balance and how to balance. A great artist knows better when not to balance and how not to balance. They say where goodness ends greatness begins.

A wise person knows all the applications of balance. He uses it and serves his purpose accordingly. In contrast, a fool knows not its proper and timely application. As such it does not balance when to balance and tries to balance when it is totally forbidden. Thus it loses both ways. As such misfortune dogs it wherever it goes. Thus it suffers till it breaths its last.

Man balances. He has to balance. He is bound to balance. In fact man, willy-nilly, balances infinite times during his entire life to win the battle of life. In this regard he has nothing to do except balancing for the sake of his mere existence. Thus man faces various balances in its different forms and features having varied degrees and dimensions as well.

Depression is caused by a chemical imbalance. Man experiences misbalance between income and expenses. A vehicle becomes unbalanced loading heavy luggage and materials.

Disbalance means to disturb the balance or equilibrium. Stomach disorder means disbalancement of the digestive system of the body. Deliciousness of a tasty food depends on the balanced and timely mixing of all its ingredients. Any error is liable for deviation from desired taste. Here balanced is the first and last word.

Balance is a tool. It is used by all to conquer the problems of hard reality as are faced with. People from all walks of life use it as per their talent and temperament. As such a sly person uses it tactfully. An experienced person uses it effectively. A wise soul uses it prudently. It has two outcomes either mundane or divine. The first two are of mundane and the last one is divine in nature.

CONCLUSION

Balance has no substitute. It itself is its substitute. It is an art. All are not artist. All cannot be artist. One has to learn it. But all cannot learn it. One has to acquire that technique. Here perseverance is a must. Only a cool tempered person can master on it. Further talent gives it perfection. Most of the persons are restless. This answers why we see few balanced persons around us.

REFERENCES

No reference, since the present article is an outcome of Creative Writing.