



OF OBSESSION

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ABSTRACT

Obsession is the act to fill the mind of somebody, by a fixed idea, continually and disturbingly so that they can think of nothing else. It is like brain washing of cadres practised by political parties. The blind supporters become blunt and move like a robot. The remote remains in the hand of the leader.

KEYWORDS: OBSESSION, FIXED IDEA, BLUNT, EVIL FORCE

INTRODUCTION

Creative writing is based more on manifestation rather than on expression. It does not inform rather reveals, so it bears no reference. The best creative writing is critical, and the best critical writing is creative. The present article is an outcome of creative writing meant for lay readers. As such free style is the methodology adopted so that pleasure of reading can be enjoyed by the common mass. As you know well that Francis Bacon (1561-1626), the immortal essayist, wrote many essays namely *Of Love, Of Friendship, Of Ambition, Of Studies*, etc. The myriad-minded genius rightly pointed out that all the words of the dictionary can be the themes of essays one can write. But little has been done, in this regard since his death, in order to finish his unfinished monumental works. In fact Bacon's way of presentation i.e., his unique individual style kindled the imagination already in me and encouraged me as well to write essays, in the light of creative writing, thus to get relief through Catharsis.

ARTICLE

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The remote remains in the hand of the leader. The unfortunate soul, if by chance gets back its normal sense, tries in vain to make it free from the clutches of this evil force.

Unreasonably persistent idea in the mind haunts and harasses the victim very badly causing sometimes sad death even. It is quite natural that everybody is obsessed a little at least. When it crosses the limit we call somebody as an obsessed one. Intelligent person seldom becomes the victim of obsession. But a fool or weak soul is its easy prey.

Obsession is the act of an evil spirit in possessing or ruling a person as is believed by one school of thought. It is the fact or state of being obsessed with an idea, desire, emotion, etc. It is such a persistent idea, desire, emotion,

etc., especially one that cannot be gotten rid of by reasoning. Obsessive-compulsive neurosis relates to a disorder in which a person feels compelled to perform certain actions repeatedly to alleviate persistent fears or intrusive thoughts. This neurosis characterized by compulsive ideas or irresistible urges, or both, and often manifested in the ritualistic performance of certain acts. Since rituals, both of social and religious, compel a soul to observe becomes a source of headache and boring events. As such rituals are losing its once goodness day by day.

Obsession manifests itself in various forms and features. Some one is obsessed by the fear of death. It always hears the footsteps of death and weeps for the imminent death. It becomes maniac and the person suffers from phobia. Hallucination and optical illusion render the situation more fearful. Lovers are obsessed with each other. They are made for each other or mad for each other or both simultaneously. This romantic craze is the outcome of mere inexperience causing them to be the prey of bohemian whimsicality.

Paranoia is a mental illness in which somebody wrongly believes that they are hated or being badly treated by others or that they are somebody very important. It is an abnormal tendency to be suspicious of and lack trust in other people.

Someone becomes obsessed with the idea that he is being watched. Such thinking has no base and thereby no brake at all. So the thinking may go in any direction uninterruptedly like a bird that flies in the open sky. At present children are obsessed with computers game. Some women suffer from an obsession with cleanliness. Their thirst of water can hardly be quenched by the water of all oceans of the world taking together. Dieting has become the obsession of the modern heroines. Somebody has an obsessive concern for neatness. A good student should be obsessive about punctuality. Some one has sporting obsessive. They like to enjoy and enjoy more when others enjoy simultaneously with them. They are so abnormal, so jovial. Some one is obsessively concerned with one's appearance. They suffer either from inferiority or

superiority complex. Some rich misers worry obsessively about money. A psychiatrist does lot of works with all these various obsessive.

Every body is obsessed either by evil or good cause. Then no obsession is also an obsession like no politics is also a politics or no style is also a style or no statistics is also a statistics. Dynamic attitude is the only weapon to conquer this evil force. Free and fair thinking supply oxygen to an obsessed soul. This freshness helps an ambitious soul to think afresh.

Every parent especially the mother is obsessed with the thinking that her issue is the greatest and best among all children. The mother of mankind warms her ego through this indulgent thought. Also a mother always thinks that her children do suffer from hunger even after full stomach. A mother dwells between the threshold of affection and indulgence and can hardly distinguish between the two.

CONCLUSIONS

Orthodoxy is the greatest obsession. Some one is leftist, some one is rightist. Both these conservative doctrines are the examples of orthodoxy and stand for rigidity. This ethical difference causes mental difference that paves the way for intolerance, hatred, tyranny and ultimate violence. And history is the witness of numerous examples of massacre originated from inhumanity. Each of the two biased souls claims to be the superior than the other. Lord Buddha saved the ailing humanity from these obsessions, extreme in nature. He was against torture of any kind. The wise preached that neither leftist nor rightist rather middle east is the way for salvation of the mankind in general. The essence of Buddhism is tolerance not torture be it corporal or mental. Buddhism, it seems, bridges the gap between these two diagonally opposite and extreme manifestos. Thus, Buddhism is still relevant in this modern era and will remain ever relevant till the creation exists, since it is free from any obsession.

ABOUT THE AUTHOR

Pal, Dibakar is a Retired Executive Magistrate in India and PhD Student. Though he is a Civil Servant yet he is genuinely interested in diversified academic fields. As such, he holds master degrees in M.Sc(Math), M.A(English), M.A(Bengali), M.B.A(HRD), M.C.A, P.G.D.M.M(Marketing), L.L.B, D.C.E(Creative Writing), M. Phil (Business Management),UGC- NET(Management)-2008. He attended an International Conference at IIT, Mumbai, India and five International Conferences at U.S.A; though he gets invitation to present papers in many International Conferences at home and abroad round the year. He presents papers on Computer Science, Management, English Literature, Linguistic, Philosophy, Philology, Psychology, Sociology, Humanities and Poems. He presented a paper on Computer Science and Chaired in 2007 IEEE Conference at Richmond, Virginia, U.S.A. Also another paper on Fuzzy Logic was accepted by IEEE Conference 2010 at USA. He serves as Session Chair, Presider and Reviewer. He serves as reviewer of American Marketing Association, Journal of Common Ground;

Australia, IEEE Transactions, IJEAPS, AJHC, Journal of Supercomputing.

He has more than two hundred twenty (220) publications and among these one is as Monograph in International Journal on Management Science, one Monograph is in Journal of the World Universities Forum, one is in Consumer Behavior, two are in Computer Science, one is in Neuroscience, one is in Linguistic and rests are Creative Writing of English Literature. In Creative Writing two papers have been incorporated in SSRN's Top Ten Download List three times in November, December 2010 and April 2011. In ResearchGate his papers have reached a milestone through more than 128000 reads. Scholars' Press and Lambert Academic Publishing House, Germany have published twelve books between the months July to December, 2016. New Texas, A Journal of Literature and Culture, Sul Ross State University, Alpine, Texas, USA has published ten essays in February 2018. International Educational Scientific Research Journal (E-ISSN : 2455-295X) and Research Chronicle & Research Innovator (ISSN: 2347-503X; 2348-7674) publish Creative Nonfictions every month regularly. Now he is pursuing his PhD thesis in Business Management in University of Calcutta, India. Also he is currently focussed on the Extension Works of Huffman Code i.e., Coding Theory and Pattern Recognition through Fuzzy Logic (Pattern Recognition, Image Processing, etc) of Computer Science.

His hobby is Creative Writing (Nonfiction). He says:

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REFERENCES

No reference, since the present article is an outcome of Creative Writing.