



OF DISSATISFACTION

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ABSTRACT:

Dissatisfaction causes melancholy. And melancholy drives away mental peace. It isolates a man from normal life. He becomes alone. He loses joy of life. He sees everybody as happy except himself. Accordingly he tries in vain to be happy like others. Because, melancholy deprives a man of happiness. Thus nothingness compels him to surrender to frustration. Again, sadness, if persists for a long period of time, renders a man lunatic.

KEYWORDS:

DISSATISFACTION, DISEASE, MELANCHOLY, UNHAPPY, TENSION, DRIVING FORCE.

INTRODUCTION

Creative writing is based more on manifestation rather than on expression. It does not inform, rather it reveals. So it bears no reference. The best creative writing is critical, and the best critical writing is creative. This article is an outcome of thinking about creative writing meant for a general readership. As such, I have adopted a free style methodology so that everyone can enjoy the pleasure of reading. As you might know, Francis Bacon (1561-1626), the immortal essayist, wrote many essays namely 'Of Love', 'Of Friendship', 'Of Ambition', 'Of Studies', and so on. The multiple-minded genius correctly pointed out that all the words of the dictionary can be used as themes for essays. But little has been done since his death to continue or finish his monumental task. Bacon's unique individual style of presentation ignited my imagination and encouraged me to write creative essays as a method of relieving a wide range of emotions through catharsis.

ARTICLE

Dissatisfaction is a dangerous disease. In this world there is none who does not suffer from dissatisfaction little or much. So it is the part and parcel of human mind. For the fact is that satisfaction and dissatisfaction are quite relative matters, because for the same result different people react differently. This happens so since all people are not perfectly identical in characteristic nature and behaviour, taste and temperament.

For the convenience of our discussion, dissatisfaction may be classified into two categories viz., positive dissatisfaction and negative dissatisfaction. We have already mentioned that dissatisfaction is a disease which has both good and evil sides. In fact, positive dissatisfaction and negative dissatisfaction may again be nomenclatured as good dissatisfaction and bad dissatisfaction respectively.

Now, what is positive or good dissatisfaction? Let us

suppose, a brilliant and ambitious student, for any unavoidable circumstances, fails to make a good result in the examination. Now, as he fails to make brilliant result, he will naturally be the victim to the so-called dissatisfaction. And this very dissatisfaction may act as the internal fuel which will inspire him to make the desired good result in future. We may, therefore, call this dissatisfaction as the positive or good dissatisfaction as it helps an individual to be a noble optimist. In this connection, it may further be mentioned here that failure may pave the way for termination of life of a sensitive soul. So, one should be very cautious about the cruel clutches of the failure, on the contrary, he should try again and again with sincere effort to attain sure and grand success in future.

Now, what is negative or bad dissatisfaction? Again, for clarification, let us suppose an individual gets less share of say, paternal property in comparison with the shares of the other inheritors and be dissatisfied accordingly. Then this type of dissatisfaction caused by lack of fulfillment of self-interest, may be nomenclatured as bad or negative dissatisfaction that ultimately leads to unwanted problem and sufferings evolved thereby. In short, we may therefore, say that failure may give birth to positive dissatisfaction whereas envy, greed and selfishness are solely responsible for creating negative dissatisfaction.

Since, as we mentioned earlier, dissatisfaction is a disease may be it is good or bad, one should identify first the principal source i.e. cause of it and must take immediate step for early recovery just to regain the stable condition of previous state of life. Otherwise, in course of time, like dreadful diseases dissatisfaction will spread its trap so quickly that the unfortunate victim cannot but to surrender even sometimes to premature death. It is, therefore, well advised to the said student to try heart and soul to achieve his desired goal just to make him free from

melancholy caused by dissatisfaction even, may be, it is good or positive in its characteristic nature and behaviour. Again, the man in question who has been dissatisfied due to less receipt of the property should try to abolish the last germ of dissatisfaction already attacked his mind just to make him happy.

Further, one should always keep it in mind that nobody except a man himself can make him happy. So, for the sake of his mental peace and happiness he should try accordingly. It is well-known that a man loves himself best. So we may call an individual a genuine warm lover of himself, judicious and perfectly normal behaving fellow as well only when he tries as sincerely as possible to make him happy being free from cares and anxieties i.e., dissatisfaction.

Dissatisfaction causes melancholy. And melancholy drives away mental peace. It isolates a man from normal life. He becomes alone. He loses joy of life. He sees everybody as happy except himself. Accordingly he tries in vain to be happy like others. Because, melancholy deprives a man of happiness. Thus nothingness compels him to surrender to frustration. Again, sadness, if persists for a long period of time, renders a man lunatic.

Dissatisfaction, makes a man unhappy for ever. And if a man does not try seriously from the very beginning to be free from it he will surely be sleepless. Then the sleepless man will march towards the land of death just like the sleepless king of the story. So he should remember that he must sleep or he will die. Thus dissatisfaction is an enemy of the mankind. Also we may call it a curse to the human life.

Dissatisfaction gives birth to tension. And tension is a terrific terror. It makes one mentally unrest. With tension a man becomes machine having full of motion losing emotion. But a man without emotion is nothing but a beast only. Tension reduces the natural movement of an individual. Then the victimized person can not enjoy the life in its full swing alongwith all of its flying colours having beautiful spectrums. Thus the whole world seems to him as if a dark galaxy.

Tension is singularly liable for different diseases. And thus it reduces the life-span of a man in question. Again it renders a person less dynamic. So it kills valuable time of a man. And time is equivalent to money. Hence tension is solely responsible for the down-fall of economic condition of a person. It seldom allows a man to perform any job perfectly, causing dissatisfaction which makes the life critical. So a tension invites another tension. Thus a series of tensions paralyze the brain of an individual. So with such a wretched condition of the brain judicious decision cannot be expected. And, therefore, the decision becomes wrong owing to lack of clarity of thought. Again that the decision controls fate is known to all. Thus due to tension caused by dissatisfaction our

Fate becomes calamitous.

We have already mentioned that it is our first and foremost duty to make us happy and remain free from

cares and anxieties as much as possible. But it is very difficult since this world is nothing but the kingdom of ceaseless problems like the ceaseless waves of the sea. So our policy should always be to achieve peace and happiness instead of everything but never we will leave them in lieu of anything. And this should be the very basic philosophy of a man who sincerely desires to be perfectly happy and satisfied.

Dissatisfaction itself is a driving force. But one must be vigilant and watch that that very driving force should work for the sake of betterment of human life i.e. 'manifestation of perfection already in man'. It is a fact that human being always suffers from endless hopes and aspirations and accordingly man runs after them. May be, we fail to reach our coveted destination even after constant, serious and sincere efforts. But we should not be unhappy i.e. dissatisfied. Because, in practice, many tries but only a few succeeds.

Also ambition must be proportionate with one's ability which has limitation. In most of the cases our lackadaisical attitude makes us dissatisfied. However, one should be optimist but his ambition must not be sky-kissing i.e., beyond his capacity. Rather one should fix his target in the light of reality. It is obvious that there is differences between target and achievement. So target must be higher. But it must not be an absurd one causing one's dissatisfaction.

Again, we should have faith on that great saying that one has the right upon duties but never on the outcome. The people who have faith on this divine doctrine can lead a tension-free life than others who decline to confess its significance. Also we should think before doing anything but never think after doing anything if we want to be satisfied.

Melancholy, tension, anger, etc. are the outcome of dissatisfaction. The best way to get relief from the pains of dissatisfaction is self-criticism that helps to find out its origin. In fact, self-criticism has enormous effect in building up the career of an individual. Through self-criticism a man everyday can discover the more accurate avenue of life-style thus to reach his desired goal. Those who believe in the correctibility of human being and desire for self-development should practise self-criticism. It is better than best weapon for self-evaluation. Regular practice of it is a must for that dynamic individual who sincerely desires to get the good effect of it.

Thus self-criticism paves the way for sure success, because it makes a man judicious and cool-tempered. It is difficult to make unwilling horse drink water. Similarly, it is difficult to make one move by external force. But that very person will move at his will if internal force begins to work. And self-criticism gives birth to that very internal force which is inevitable for the self-development of an individual. It is a very sophisticated art of self-making. Through it proper self-estimation is possible so as to enjoy a healthy, happy as well as prosperous life.

Wise men say that a stitch in time saves nine. So every day

practice of self-criticism is a must just to avoid huge load of cumulative and unwanted problems. Again regular practice of it saves one from committing any wrong or mischievous deeds. For his common sense becomes very strong. So he can judge easily the good and evil of anything. Thus he becomes very cautious about himself. He knows thyself. He realizes his limitation. So, through self-criticism, he becomes a man of confidence which is undoubtedly a valuable asset for an individual to ascertain success in the struggle of life.

Further, self-criticism offers the power of self-control. And a man without the power of self-control is just like a car having no brake. So the quality of self-control should invariably be possessed by a determined individual to solve the problems as is usually faced in the way of life. Thus self-criticism has manifold utility. It is a valuable asset to an individual. Since, self-criticism needs time, at day-time it is not possible for its practice. So bed-time is the best time for the critical analysis of whole day work i.e. self-criticism.

Selfishness gives birth to negative dissatisfaction. Since it is quite detrimental enough for an individual one should not be selfish for the sake of his self-interest. And accordingly, he should not move being provoked by negative dissatisfaction.

Regarding positive dissatisfaction, one should have a clear view – whenever a person tries to achieve something he should think either of the two probabilities, either he may fail or he may fail to fail. Now, he should simply try for the latter one. But he must not make him unhappy. He must not allow himself to suffer from cares and anxieties. He must have sportsmanship. Here, he may, simply allow himself to be a positive dissatisfied fellow, but that must be within limit and nothing else more. And in this regard he should have a crystal clear idea about his limitation as well as sharp control over himself, otherwise he will suffer from mental agony.

CONCLUSION

Lastly, however, for the sake of self-satisfaction one should not suffer from dissatisfaction.

REFERENCES

No reference, since the present article is an outcome of Creative Writing